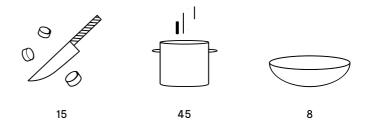




Chocolate Courgette Spelt Cake

A great choice for people who don't like their cakes too sweet as it has savory tones. This cake is better after being kept a couple of days wrapped in a tin as the flavours develop.



Ingredients

1 1/2 cups spelt flour

1/2 tsp baking powder

1/2 tsp bicarbonate of soda

1/2 tsp salt

1 tsp ground cinnamon

4 tbsp cocoa powder

2 eggs

3/4 cup The Groovy Food Company Agave Nectar Light and Mild

1/4 cup olive oil

1 1/2 cups grated courgette

Directions

- 1. Preheat oven to 180c and oil and line a 2lb loaf tin.
- 2. Sift all the dry ingredients into a bowl.
- 3. Add all the well ingredients and mix well.
- 4. Pour your batter into your prepared tin.
- 5. Bake for approx 45 mins until well risen and until a skewer comes out cleanly from the middle.
- 6. Cool in the tin for about 10 minutes and then on a wire rack.