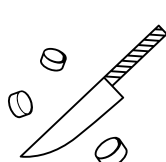


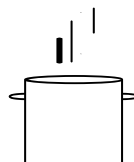


Vegan Lemon & Coconut Energy Balls

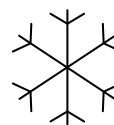
For a burst of summer try these Lemon and Coconut Energy Balls by IG's [Sunshine_Susan](#)



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Ingredients

150g of Dates, (pitted)
 150g of Oats
 3 tbsp of Desiccated coconut
 1.5 tbsp of The Groovy Food Company organic coconut oil
 2-3 tbsp of The Groovy Food company organic agave nectar
 Juice of half a lemon
 Grated lemon zest from 1/4 of the skin of the lemon
 Pinch of Cinnamon,
 Pinch of Vanilla powder
 Pinch Himalayan Pink Salt

Directions

1. Combine the oats and desiccated coconut in a food processor until well mixed.
2. Add the remaining ingredients and combine until a sticky ball is formed. You can add a dash of plant-based milk or water if the mixture is too dry
3. Place in the fridge for at least 10 minutes until the mixture cools down
4. Divide and roll the mixture in to 10 balls and enjoy! These are best kept in an airtight container in the fridge and will last for one week.